



PAROLE BOARD OF CANADA DECISION

OFFENDER INFORMATION :

Name : **SEWELL, JUSTIN DONALD**

FPS : [REDACTED]

Institution : [REDACTED]

FILE NO : [REDACTED]

TYPE OF REVIEW :

- FULL PAROLE - PRE RELEASE (PANEL-VIDEO CONFERENCE)
- DAY PAROLE - PRE RELEASE (PANEL-VIDEO CONFERENCE)

PANEL INFORMATION :

OBSERVER (S) PRESENT (except during deliberations) : **YES**

EXCLUDED FROM PART OF HEARING : **NO**

REASON :

ASSISTANT PRESENT : **YES**

ELDER /ADVISOR : **NO**

FINAL DECISIONS :

| | | |
|---------------------------|--------|------------|
| FULL PAROLE - PRE RELEASE | DENIED | 2026-04-02 |
|---------------------------|--------|------------|

| | | |
|--------------------------|---------|------------|
| DAY PAROLE - PRE RELEASE | GRANTED | 2026-04-02 |
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Day parole granted for six months.

LEAVE PRIVILEGES :

LEAVE PRIVILEGE FOR **DAY PAROLE - PRE RELEASE - REGULAR**

AS PER CBRF AND PBC POLICY

As per the rules and regulations of the community based residential facility or other location, not to exceed Parole Board of Canada policy.

SPECIAL CONDITIONS :

DAY PAROLE - PRE RELEASE



| Condition | Status |
|--|---------|
| <ul style="list-style-type: none"> • NO CONTACT WITH VICTIM(S) You must have no contact or communication directly or indirectly with V.L. and S.L or any of their immediate family members. • DURATION OF THE CONDITION The condition will remain in effect for the duration of release. | IMPOSED |
| <ul style="list-style-type: none"> • NO CONTACT WITH VICTIM(S) You must not go within 500 metres of any place you know V.L. or S.L. are or likely to be. If you see the victims, you must leave their presence immediately without any words or gestures. • DURATION OF THE CONDITION The condition will remain in effect for the duration of release. | IMPOSED |
| <ul style="list-style-type: none"> • FOLLOW TREATMENT PLAN Follow treatment plan to address sexual offending issues including the use of pornography and voyeurism. • DURATION OF THE CONDITION The condition will remain in effect for the duration of release. | IMPOSED |
| <ul style="list-style-type: none"> • INTERNET RESTRICTION Not to own, use or possess any technological device that would allow you access to the Internet, unless previously approved in writing by your parole supervisor. Provide your devices unlocked to the parole supervisor on demand to allow monitoring of your use of text messaging, instant messaging, photos, videos, emails and social media. Not to purge information from your devices without the permission of the parole supervisor. • DURATION OF THE CONDITION The condition will remain in effect for the duration of release. | IMPOSED |
| <ul style="list-style-type: none"> • PORNOGRAPHY RESTRICTION Not to purchase, acquire, possess or access pornography or sexually explicit material in any form or type of media. • DURATION OF THE CONDITION The condition will remain in effect for the duration of release. | IMPOSED |
| <ul style="list-style-type: none"> • REPORT RELATIONSHIPS Immediately report all sexual and non-sexual relationships and friendships with females and any changes to the status of the relationships/friendships to your parole supervisor. • DURATION OF THE CONDITION The condition will remain in effect for the duration of release. | IMPOSED |

PREVIOUSLY IMPOSED SPECIAL CONDITION(S) STILL IN EFFECT : NOT APPLICABLE

NEW INFORMATION SHARED WITH THE OFFENDER : NOT APPLICABLE

REASONS FOR DECISION(S) :

Type of Decision(s) and Legal Criteria

The Parole Board of Canada (the Board) reviewed your case at a hearing to decide about your applications for day parole to other location and full parole.

To make its decision, the Board must determine whether you will not, by re-offending, present an undue risk to society before the end of your sentence. The Board must also consider whether your release will contribute to the protection of society by facilitating your reintegration into society as a law-abiding citizen.

Decision

FPS :

Name : SEWELL, JUSTIN DONALD

File No:



The Board grants day parole to a community residential facility (CRF). The Board denies full parole. The Board describes its reasons below.

Submissions

In making its decision, the Board has considered the many letters of support that have been sent to the Board on your behalf. These include letters from your wife and two sons, a cousin, an uncle and an aunt, members of your church congregation, employees and friends.

In the letter from your wife she talks about the specific efforts you made while on bail to address your offending issues. Specifically, she lists a two week intensive counselling program you attended at the Institute of Sexual Health in the United States (US), meetings with a psychiatrist with the Northern Health Authority Mental Health and Addictions service and counselling sessions with a counsellor in a nearby community. She adds that she has placed accountability software on all devices used by family members to alert her to any inappropriate images or material accessed on the Internet. She writes that the two of you have a healthy relationship and that you enjoy her full support as well as the support of your four sons.

Information From Victims

In a letter to the Board dated January 5, 2025, the victim writes that based on the gravity of your actions and the lasting harm they have created. She is opposed to a full parole release for you. She says that she looked upon you as an older brother and that she trusted you. Though she felt something bad had happened she did not know what that was until she sought out the truth herself. She writes of the process involved in bringing you to account for your crimes. She got little support from family but was validated by the RCMP who believed her story and worked with her to obtain your eventual confession. This process re-traumatized her repeatedly and caused great stress. At the same time the process assured her that she was not alone and that her voice mattered. She says further that she still lives with depression, anxiety and post traumatic stress and still requires professional help for these effects. Her family relationships have been fractured and the loss of her relationship with her older sister, your wife, is devastating. Your crimes and the stresses of the legal process also imposed costs on her academically and professionally. She expresses the feeling that granting you parole would lessen your accountability and uphold justice. She asks that, if you are released, strict conditions be imposed to protect her safety and well being including a no contact condition with her and her immediate family and clear restrictions on access to controlled substances.

In a letter provided by the victim's husband, he writes that based on his experience, you are not rehabilitated and not suitable for parole. He believes that given the damage you have inflicted on his wife and their family and your continued minimization of responsibility, you should serve the full extent of your sentence. He observed that you changed your testimony in court and minimized the seriousness of your actions. Your claims of being a changed man do not fit what he understands are the facts of the case and your misrepresentation of those facts. He describes your offences against the victim as calculated and deliberate that followed a lengthy period of stalking. He describes the damage to his family and to the larger family as devastating. He describes his wife as an extraordinary person who had to balance motherhood and work while simultaneously working with the RCMP to hold you accountable for your actions. Her courage, he writes, cannot be overstated.

In a letter from the victim's parents, they write that your offences have had a significant impact on their daughter and the family. They say that justice and accountability are key aspects of her



healing process and that an early release for you is not appropriate.

The Board also received a letter from a close friend of the victim who writes to provide collateral information about the impacts your crimes had upon the victim. She has witnessed recurrent panic attacks, heightened anxiety and acute emotional distress that have significantly impaired her daily functioning. Both she and the victim have had to take time away from family, work and other responsibilities to attend court on multiple occasions. She points out that you abused your position of trust over the victim as a trusted older family member as well as abusing your professional ethics by using medications to facilitate your offending. This abuse of trust involves “compromised internal controls, poor respect for boundaries and a willingness to misuse professional authority”. She views these issues as evidence that you continue to pose a risk to the community and asks that you not be released on parole. If released she asks that you be subject to strict conditions requiring treatment for sexual offending and limitations on your access to controlled substances.

Brief Overview of Current Sentence

At 49 years of age, you are serving a sentence of 2 years, 8 months and 30 days for Sexual Assault, Secretly Observe/Record Nudity or Sexual Activity and Secretly Observe/Record Nudity in a Private Place. You are subject to a 10-year firearms prohibition and a DNA order. This sentence began in April 2025.

In 2007, the victim lived with you and her sister. One night when you were alone in the residence with the victim, you added ketamine and/or Valium to her drink. Once incapacitated you sexually assaulted her and took photographs of her. On other occasions you set up a camera in her bedroom and recorded her in private and also took photographs of her in private moments through her bedroom window.

The victim reported the assault in 2019. During the investigation, the police obtained statements from several individuals regarding your criminal behaviour. You disclosed to a former clinic employee that you had added ketamine to the victim's drink. The former employee also disclosed that clinic staff found inappropriate photos on your work computer. Another former employee reported that, in June or July of 2010, she and two other staff members found photos on a work computer of you having intercourse with a young woman. A statement taken from a longtime friend indicated that around 2011 you advised that you had set up a video camera in the victim's bedroom and you had filmed her dressing and undressing.

While working with police, the victim engaged you in email correspondence and you admitted that you sexually assaulted the victim. You then met the victim in person, and you admitted to putting ketamine or Valium into her drink, undressing her while she was incapacitated and masturbating on her. You also took photos of her and used these to masturbate. Your confessions were recorded under supervision of the police. You were not charged for the offences until 2022.

During sentencing, the judge acknowledged mitigating factors including your lack of criminal record, your cooperation in answering the victim's questions when confronted, your guilty plea and your expression of remorse. Aggravating factors included the abuse of your position of trust in the victim's own home, that it was not a brief momentary incident, the element of planning to the offence, the devastating impact of the offence on the victim and her family, and your invasive and demeaning sexual conduct.

The CSC's criteria for serious harm were met in your case.

Brief Overview of Criminal and Conditional Release History



Your criminal history is limited to the current convictions.

You were granted bail in relation to the offences and remained in the community until you were sentenced in April 2024. You were initially sentenced to a conditional sentence order; however Crown Counsel appealed, and your sentence was varied to a federal term in October 2024.

Social History and Background Information

File information indicates your upbringing was positive and free of any abuse.

Reports indicate you were exposed to pornographic material at a young age which subsequently led to excessive use of Internet based pornography and voyeurism as an adult.

Risk Estimates

Your scores on the Criminal Risk Index (CRI) and the General Statistical Information on Recidivism (GSIR) instrument indicate that your risk for general re-offending is low. These actuarial measures do not measure risk for sexual offending.

A psychological assessment completed for the court indicates that, based on the Static-99R and the Stable 2007, you pose a low risk for future sexual offending. The psychologist added that you would be at increased risk of re-offending if you were to revert to the use of pornography, particularly if this occurred in the aftermath of a significant upheaval in your life. The Board notes that during the assessment you denied using a controlled substance to render the victim vulnerable to your sexual intentions and said that you encouraged her to drink alcohol only to help her connect to her feelings and set aside her moral convictions. This version of the offence runs contrary to the findings of the Appeal Court.

Issues Related to Risk for Re-Offending

The issues that contributed to your criminal behaviour include an addiction to pornography, unhealthy sexual preoccupations, voyeurism, and poor impulse control/self-management. You engaged in voyeuristic behaviour and used sexual fantasy and pornography to cope with stress. You had little empathy for the victim and put your needs ahead of her feelings and safety.

Institutional Behaviour

During your incarceration you have not incurred any institutional charges and have not been involved in any negative incidents. You have a good working relationship with the Case Management Team (CMT) and are respectful to security staff.

Programming and Interventions

You did not meet the CSC's criteria for correctional programming.

In 2014 and 2015, you sought out counselling for your pornography addiction and inappropriate sexual behaviour and participated in intensive treatment and counselling interventions. You did not disclose the sexual assault of the victim during these treatment experiences. While on bail you participated in counselling and had sessions with a psychiatrist. No reports from these interventions are available to the Board.



More recently, you completed the Nonviolent Communications Program. A support letter from the facilitator of this program says you were a full participant who had a good understanding of the material taught in the course.

Progress on Correctional Plan

The most recent Correctional Plan Update from January 2026, indicates you require a medium level of intervention based on both static and dynamic factors.

You were assessed as requiring a low need for improvement in the domain areas of Personal/Emotional Orientation, Attitude and Marital/Family. You require no immediate need in all other categories. Your accountability and motivation and your reintegration potential are assessed as high. You are considered engaged in your correctional plan.

Release Plan

On day parole “to other location”, you would like to reside at your home with your wife and sons in Northeastern British Columbia (BC). A community assessment was completed with your wife in December 2025, and she was confirmed as a positive source of community support.

You have been accepted at CRFs in the major city closest to your home for a regular day parole.

You plan to return to your full-time employment at the business that you and your wife own and operate.

On full parole, you would like to return to your home in Northeastern BC.

Correctional Service of Canada's (CSC) Recommendation

The CMT is supportive of a full parole release and recommends that the Board take no action on your day parole application. They say you have demonstrated stability and compliance while incarcerated and have been forthcoming about your areas of risk, showing a high level of accountability and motivation. They believe that your risk would be manageable on full parole. Five special conditions are recommended on either form of release. Leave privileges are recommended.

Conclusions

In coming to the decision to grant a day parole to a CRF, the Board gave considerable weight to the description of your understanding of the dynamics of the offence that you provided during the hearing. The Board found that you engaged in considerable rationalizing and minimizing of your offending behaviour. Although, at one point, you agreed with the Board's suggestion that your actions were predatory, you also claimed that your actions were not planned and that you had no intention to commit a sexual assault. You said you were hoping that your interactions with the victim would lead to consensual intercourse. You said that early exposure to pornography affected your “sexual template” combined with your need to be “fully known and fully loved” led to the offence. You avoided talking about the use of drugs to render the victim helpless and that planning had been part of the assault until challenged. You admitted that the treatment you had pursued in 2014 and 2015 followed the revelations of your infidelity and separation from your family and that your work in treatment did not focus on the sexual assault but only your infidelities and your use of pornography. The limited insight displayed at the hearing may be due to a continued conscious



unwillingness to confront the violent nature of your offending or to a lack of insight due to the fact that you have never directly addressed the motivations and contributing issues that led specifically to the sexual assault, or a combination of the two. Your primary focus in describing the changes you have made in your behaviour was in relation to your use of pornography and the problems in your marriage, as though solving those particular problems was a solution also for the behavioural issues that led to the sexual assault.

Though you expressed remorse for your actions and for the harm done to the victim and the many other people affected by your behaviour, the Board was left unconvinced that you have addressed the key issues leading to your violence against the victim in the sexual assault. In addition to lacking insight into the contributing factors in the sexual assault, the Board formed the impression that you are overconfident in your ability to manage your risk issues in the community and believes that external supervision strategies like those offered at a CRF are necessary to safely manage your risk on day parole. Being located in a community where there are resources appropriate to your needs for treatment specific to your sexual offending is also, from the Board's point of view, necessary for the management of your risk issues. The Board believes that a day or full parole release to your home community is not adequate to the task of protecting the community from your risk. Though you have much support from family and friends, the Board is concerned that those around you, though vigilant to your potential to return to the use of pornography and involvement in infidelity, remain uninformed of these other important risk factors. This concern flows from the fact that you have misrepresented your behaviour in the sexual assault or denied elements of it (the use of ketamine or Valium to render the victim incapacitated), including to the psychologist who conducted the risk assessment for court in 2023. The Board has little confidence that, in your work with the clinical counsellor and psychiatrist while on bail, you addressed this aspect of your offending directly. Having access to specialized programs or counselling with full disclosure of the extent and nature of your offending is important to public safety going forward.

For these reasons, the Board concludes that your risk is not safely manageable on a day parole to other location or full parole.

With the support, structure and close supervision provided by a CRF, it is the Board's opinion that you will not, by re-offending, present an undue risk to society if released on day parole and that your release will contribute to the protection of society by facilitating your reintegration into society as a law-abiding citizen. In making this decision, the Board has placed weight on the lack of any other known offending, your positive behaviour while on bail and your assessed low risk to re-offend.

The Board authorizes leave privileges consistent with CRF rules and the policies of the Board. Leave privileges will allow you to connect with the relationships you have with people who can offer positive support from your reintegration.

Reasons for Special Conditions

The Board imposes the following special conditions on your day parole. These conditions are considered reasonable and necessary to protect society and the victims, and to facilitate your successful reintegration into society.

1. You must have no contact or communication directly or indirectly with V.L. and S.L or any of their immediate family members.
2. You must not go within 500 metres of any place you know V.L. or S.L. are or likely to be. If you see the victims, you must leave their presence immediately without any words or gestures.



The victims were deeply injured by your actions. Any unwanted contact will cause further harm and must be strictly avoided.

3. Immediately report all sexual and non-sexual relationships and friendships with females and any changes to the status of the relationships/friendships to your parole supervisor.

You groomed a vulnerable young woman to exploit her sexually. To monitor this area of risk, the parole supervisor must be made aware of any relationships you form with women.

4. Not to own, use or possess any technological device that would allow you access to the Internet, unless previously approved in writing by your parole supervisor. Provide your devices unlocked to the parole supervisor on demand to allow monitoring of your use of text messaging, instant messaging, photos, videos, emails and social media. Not to purge information from your devices without the permission of the parole supervisor.

5. Not to purchase, acquire, possess or access pornography or sexually explicit material in any form or type of media.

You used various devices to access pornography on the Internet and used your devices to store pornographic images of the victim. To ensure you are not accessing pornography, one of the contributing factors in your offending, the parole supervisor must have access to the relevant contents of your devices.

6. Follow treatment plan to address sexual offending issues including the use of pornography and voyeurism.

You have only limited insight into some aspects of your sexual offending behaviour. Participation in interventions designed to help you better understand the full array of risk related issues is important to your safe management in the community.

These conditions are imposed for the duration of this grant as they are important to the safe management of your risk to re-offend. The Board may remove or modify any special condition(s) upon receipt of an application from you or a recommendation from CSC.

DECISION(S) AND VOTES :

| FULL PAROLE - PRE RELEASE | | DENIED | 2026-04-02 |
|----------------------------------|--|---------------|-------------------|
| Board Member | | Vote | Vote Date |
| STOREY, P. D. | | DENIED | 2026-04-02 |
| MACKENZIE, I. F. | | DENIED | 2026-04-02 |

| DAY PAROLE - PRE RELEASE | | GRANTED | 2026-04-02 |
|---------------------------------|--|----------------|-------------------|
| Board Member | | Vote | Vote Date |
| STOREY, P. D. | | GRANTED | 2026-04-02 |
| MACKENZIE, I. F. | | GRANTED | 2026-04-02 |

FPS : [REDACTED] Name : SEWELL, JUSTIN DONALD File No: [REDACTED]



SIGNATURES :

STOREY, P. D.

Board Member Signature Date

MACKENZIE, I. F.

Board Member Signature Date